## **VCE Health and Human Development**

Students study development through the lifespan and the health issues that are associated with each stage. Students develop a capacity to respond to health information, enabling them to put strategies into action to promote health and wellbeing.

Students study the health of Australians and those from other parts of the world, factors impacting on this, along with strategies and programs that exist to improve health and health status.

Unit 1 & 2	Unit 3 & 4
In Unit 1 & 2 you will:	In Unit 3 & 4 you will:
<ul> <li>Develop an understanding of health and wellbeing – including the five dimensions</li> <li>Develop an understanding of the different characteristics of development for each of the stages of the lifespan</li> <li>Investigate various factors that will impact on the transition from one stage of the lifespan to the next.</li> <li>Explore the issues that are associated with each stage of the lifespan</li> <li>Focus on the health and wellbeing of youth and the issues that are associated in particular with this stage of the lifespan</li> <li>The role of nutrition as a foundation for good health in all stages</li> </ul>	<ul> <li>Develop an understanding of what health and wellbeing is and influences on it and what influences it.</li> <li>Look at the health status of different population groups in Australia, other countries around the world and the factors that lead to these differences</li> <li>Study different ways to improve health status through the health care system, health promotion and programs established – nationally, globally</li> <li>Analyse the effectiveness of health promotion and programs that have been established – nationally, globally</li> <li>Develop an understanding of the Sustainable Development Goals</li> </ul>
Types of assessment	Class Activities
<ul> <li>Structured questions (tests)</li> <li>Data analysis</li> <li>Preparation of study cards</li> <li>Analysis of existing programs</li> <li>Case study analysis</li> <li>Extended responses</li> <li>Written reports</li> </ul>	<ul> <li>Group work</li> <li>Problem solving</li> <li>Data analysis</li> <li>Investigating programs used</li> <li>Tests</li> <li>Quizzes</li> <li>Class discussions</li> <li>Research inquiry</li> <li>Book work – answering questions</li> </ul>

## Careers that may link to this subject area

Aged/disability Care Worker Child Care Worker Counsellor **Dental Nurse** Health Promotion Dietician Kindergarten Teacher Maternal Nurse Medical Receptionist Nurse Occupational Therapy Public Health Nurse Teaching - Primary/Secondary Speech Pathologist Social Worker Welfare Worker