What is Health & Human Development all about?
Health & Human Development focuses on the factors that promote health and well-being in individuals, families and communities, both in Australia and globally. It aims to develop an understanding of the relationship between health and human development.

Areas of Study:

**Unit 1:**
- Health perspectives and influences
- Health and nutrition
- Youth and wellbeing

**Unit 2:**
- Developmental transitions
- Health care in Australia

**Unit 3:**
- Understanding health and wellbeing
- Promoting health and wellbeing

**Unit 4:**
- Health and wellbeing in a global context
- Health and the Sustainable Development Goals

Type of Assessments in this subject:

- A case study analysis
- A data analysis
- Multi Media presentation
- Oral presentation
- A test (short answer or extended response)
- Written response
- A written report
- Examination

Key Skills developed through this area are:

- Analysis and interpretation of data
- Personal health and knowledge skills
- Ability to make good health choices during life

Possible Occupations that could relate to this study include:

<table>
<thead>
<tr>
<th>Kindergarten Teacher</th>
<th>Nurse</th>
<th>Health Educator</th>
<th>Social Worker</th>
</tr>
</thead>
<tbody>
<tr>
<td>Maternal Health Nurse</td>
<td>Dietician</td>
<td>Health Officer</td>
<td>OHS Officer</td>
</tr>
<tr>
<td>Medical Practitioner</td>
<td>Nanny</td>
<td>Youth Worker</td>
<td>Primary Teacher</td>
</tr>
<tr>
<td>Health Promotion Officer</td>
<td>Childcare worker</td>
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Additional Information:

Units 1 and 2 are not a pre-requisite for Units 3 and 4.